and recreation, and that an additional toll is extracted in property damage, time loss, and medical costs. We do find that accident rates are declining, however, and this good news can help us further promote farm and ranch safety.

Most accidents and work illnesses can be prevented, often by simple and inexpensive or no-cost measures. Protective equipment, used in many industries to help assure worker safety and health, proves equally useful on farms and ranches if always used when jobs or working conditions call for it. Complex preventive measures are rarely required, and safety and health information is available from many local sources. But best of all, of course, is exercising appropriate care in all daily activities to protect ourselves from potential hazards ahead of time.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, by the authority vested in me by the Constitution and laws of the United States, do hereby proclaim the week of September 20 through September 26, 1987, as National Farm Safety Week. I urge all those who live and work on farms or ranches to take necessary precautions to protect their safety and health, both on the job and off, both at home and on the roads. I also urge everyone allied with agriculture to strengthen their safety and health efforts by example and by educational programs. I encourage all Americans to participate in appropriate events and activities in observance of National Farm Safety Week and to note the vast contributions Americans in agriculture make to our Nation.

IN WITNESS WHEREOF, I have hereunto set my hand this nineteenth day of June, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5672 of June 25, 1987

National Catfish Day, 1987

By the President of the United States of America A Proclamation

More and more Americans are discovering a uniquely American food delicacy—farm-raised catfish. In 1986, catfish comprised the third highest volume of finned fish consumed in the United States. Ninety-nine percent of all these catfish were farm-raised. Between 1975 and 1985, production of farm-raised catfish increased by 1200 percent. Most observers expect that production will continue to increase in 1987. Production costs of catfish farming, which have averaged only 65 cents per pound over the past 8 years, have resulted in a stable income for growers and an economical food product for consumers. The accompanying growth of the catfish processing industry also has created thousands of permanent jobs.

Farm-raised catfish have come a long way from their bottom-feeding ancestors. The catfish that are available today, fresh or frozen in markets nationwide, are products of state-of-the-art methods of aquaculture. They thrive in

clean freshwater ponds on many American farms, where they are surfacefed soybean meal, corn, fish meal, vitamins, and minerals. Farm-raised catfish not only furnish American consumers with a tasty delicacy but also provide a nutritious, low-calorie source of protein that is also low in cholesterol.

In recognition of the value of farm-raised catfish, the Congress, by House Joint Resolution 178, has designated June 25, 1987, as "National Catfish Day" and authorized and requested the President to issue a proclamation in its observance.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim June 25, 1987, as National Catfish Day. I call upon the people of the United States to observe this day with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-fifth day of June, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5673 of June 26, 1987

National Outward Bound Week, 1987

By the President of the United States of America A Proclamation

A quarter-century ago, in Colorado, Outward Bound began to provide rigorous outdoor recreational programs to young people to improve their self-confidence, sense of social responsibility, physical fitness, and outdoor skills. Since then, across our land, more than 150,000 people of all backgrounds, ages, and abilities have tackled the challenges offered by Outward Bound, and many similar experience-based programs have come into being.

Every American can rightly celebrate the anniversary of this remarkable nonprofit organization, because it fosters love for the wilderness and strengthens our Nation by stressing the perseverance, teamwork, leadership, and goal-setting we all need to overcome obstacles and adversity and to discover our potential for achievement.

In recognition of Outward Bound's significant role in recreation, conservation, and youth development, the Congress, by House Joint Resolution 284, has designated the week beginning June 21, 1987, as "National Outward Bound Week" and authorized and requested the President to issue a proclamation in its observance.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning June 21, 1987, as National Outward Bound Week. I call upon the people of the United States to observe this week with appropriate ceremonies and activities.